

A Good Figure



Pleases the eye

We sell the highest grade of clothing at figures which please everybody. Perfect style, tailoring, fit and quality here combine with honest prices. **A Trial Convinces**

P. A. STOKES

Pure Prepared Paint

Sold Only By

Fisher Bros

NEW HAMMOCKS

Large assortment of unusually handsome goods just received.

75 cents to \$5.00.

J. N. GRIFFIN.



Plumbing Troubles

Imperfect plumbing makes real trouble. If you have an imperfect job, better fix it. We'll make it right for you. Whether it's repair or new work we respond promptly, do it well and get your approval with our pay.

W. J. SCULLEY

470-472 Commercial. Phone Black 2243



Nothing Pleases

so well as nicely laundered linen. We have the neatest and most sanitary laundry in the state and do the best work.

ALL WHITE HELP.

Corner Tenth and Duane streets. Phone 1991.

The Troy Laundry



The Bee Hive

Ladies' Fall Suits are now on Display. Ladies' Dress and Walking Skirts.

THE BEE HIVE

S. A. GIMRE

CARRIES A FINE STOCK OF

Opp. Fisher Bros. Store Boots and Shoes

Sells at Close Figures

All for Woman

A Mixture of Newy Items to Interest the Fair Sex

Ammonia mixed with stove blacking will prevent it burning off.

Wear linens next to the skin, as it most readily absorbs moisture, and wear woolen for outer garments.

Fitzsimmons is learning to trip the light fantastic. Mrs. Fitz III. has taken him in hand and is teaching him to step around.

Mrs. Martin Nelson, of Cumberland, Md., at sixty-four is the mother of twenty-eight children, twenty-five boys and three girls.

One of the duties of life is to make with whom you associate happy, and in striving to do this you will also make yourself happy.

The mother who has acquired the habit of scolding her children thereby shows that she is not competent to train them to obedience.

When you stop to think about all the troubles you don't happen to have you ought to be very happy even though you are quite miserable.

Science says that peanuts will cause drowsiness. Yet there must be other causes. We have never seen a church floor littered up with peanut shells.

Considering the variegated troubles through which everybody has lived at one time or another, it is surprising that anybody ever worries about anything.

Marriages between white American men and Filipino women are regarded with as much horror as marriages between whites and blacks in Tennessee.

A Shawnee girl named Spunk has just married an Oklahoma man named Spunk. Well it does beat all how some people do twist things anyhow. Past tense spunk, present spunk, future spunk.

Are many jobs waiting attention? Do one at a time. Keep on doing one at a time till all are done. The man who stops to congratulate himself every time he does one job will get along no faster than the man who tries to do all at once.

All the angels aren't in heaven. Some are right here among human folk. Some times it's a woman with scraggy hair and a heart that's true while again it may be a man whose collars are out of style, but whose soul is true. Can't ever tell.

To fill cracks in floors, thoroughly soak newspapers in a paste made of one pound of flour, three quarts of water and a teaspoonful of alum, thoroughly mixed and boiled. Add paper until about as thick as putty, and it will harden like papier-mache.

We feel so sorry for the man or the woman of this great, busy, whirling life of ours who does not now and then have a growing hunger, hankering for a wildish wilderness some place where there's a little patch of land, a little pool of water and some trees and air and other things.

By the time the lady girl is 30 years old she will look her age, while the athletic girl at 20 looks a mere dip of a girl. One is heavy and awkward; the other is graceful and light, while her figure retains its slenderness of youth and sometimes the almost spindling qualities of childhood.

One of the strongest centers of trade unionism among women is Denmark. The number of women organized in trade unions in that country is 1,143 of whom 5,244 live in Copenhagen. Their organization embraces fourteen trades and includes about a quarter of the

women wage earners.

Ella Wheeler Wilcox says she has not been able to find the ideal man. This is certainly a startling discovery and entitles Ella to distinction. We judge, from what we have seen of Ella's sentimental stuff in the papers when she finds him he will be wearing the sweetest kind of underwear all trimmed in lace insertions.

America leads in the matter of women practicing medicine. The first was Elizabeth Blackwell, who graduated as physician in 1849. Three years later there were six in Philadelphia. In 1899 there were 3,000 women doctors in the United States, in 1896 there were 4,555, and now there are probably 6,000 some of whom have a very lucrative practice.

This is what King Leopold thinks of us: "American women" said the king, "are beautiful even more—they are statuesque. All writers who visit the United States are unanimous in praising the beauty of Americans, and when the women of a nation are beautiful it means a great deal for the race. Then, too, they are intelligent, and head and heart are well balanced."

"While all the world and her sister is talking of child labor," said Mrs. Florence Kelly, who used to be factory inspector of Illinois, "it might be well to whisper to women that they are too fond of lingerie, and that the beautiful things they crave are made by the same little worn, tired bodies they are clamoring to save." Mrs. Kelly always did know how to make a point.

It is, or should be, every girl's desire even ambition, to be as useful as she can be to her mother in the household affairs. Real usefulness does not consist in doing only what one is asked to do, but in anticipating things to the necessity of asking for help. But the most important part of the service is willingness and cheerfulness. One would much rather do a thing one's self than beg or make some one else do it or even ask any one who is not cheerful. Be real helpful and try to make your mother wonder what she would do without your assistance.

Confessions of Cigarette Fiend

What the Inhaling of Smoke Does To The Human System

A writer in an exchange relates the confessions of a cigarette smoker as follows:

It is no exaggeration to say that this new habit of inhaling the smoke of cigarettes—a habit which has only come into vogue during the last few years, and which in the next few will inevitably tell a great tale upon the mental and bodily capacity of the nation—more quickly obtains a strong hold upon those who give way to it than any other habit which has for its object the gratification of the senses in one way or another.

Of some hundreds of men whom I have known to have contracted the habit of cigarette smoke inhaling, I have only heard of two who have been successful in shaking it off.

Inhaling consists simply in drawing a volume of smoke from the cigarette into the mouth, and then taking a deep breath, in the act of which the smoke is carried from the mouth down into the lungs.

The nicotine fumes in their passage come into intimate contact with the nervous system, and the result is an instantaneous communication to the brain, which takes the form of a momentary semi-paralysis—when a man is new to the habit, that is.

I remember very well the experience of a youngster of eighteen on his being taught to inhale the smoke of a cigarette for the first time. One afternoon some friends persuaded him to make the attempt, and he did so. Almost upon the instant he fell full length upon the floor in a dead faint; his features became pallid, his pulse faint and irregular; and those about him were for a time in a great fright. He came round, of course. A day or two later he tried to inhale again, with a result not quite so bad; and he went on trying till now he is a veritable slave to the habit. This over-powering feeling of faintness is experienced on almost every occasion a first attempt at inhaling is made, showing how strong is the effect upon the nerves which have never been put to such a trial before. From this the deduction is inevitable that there must be serious permanent injury.

When the fever for inhaling is upon a man the ordinary enjoyment of life is ruined.

Every meal is an irritation after the first few moments, because smoking is prevented thereby. The Parisians lately introduced

A DINNER NOVELTY which to a considerable extent "caught on." Right in the middle of the dinner they serve a Russian cigarette, just big enough to afford half a dozen deep inhaling breaths and satisfy the longing which at this stage is becoming acute. This curious custom was invented entirely in the interests of the victims of whom I am speaking.

In the majority of cases the results of such excess are pitiable in the extreme, mentally and physically. In the first place, a constant and severe nervousness hangs over the victim. He is in a continual state of lethargy which he cannot overcome. His mental powers are very considerably dulled, and his capacity for work is greatly reduced. The pulse becomes irregular, the heart is weakened, the appetite is greatly diminished, and the hollow cheek and sunken eye are palpable indications that something is seriously wrong. This description of the physical effect is not mine; it is given by one of the most eminent physicians of the day. The victim, moreover, becomes very susceptible to lung trouble of all sorts.

The Scenic Line

TO THE EAST AND SOUTH. Through Salt Lake City, Leadville, Pueblo, Colorado Springs and Denver.

Offers the Choice of Three Routes Through the Famous Rocky Mountain Scenery, and Five Distinct Routes East and South of Denver.

3-FAST TRAINS DAILY-3 Between Ogden and Denver, Carrying All Classes of Modern Equipment.

Perfect Dining Car Service and Personally Conducted Tourist Excursions to All Points East. STOP OVERS ALLOWED On All Classes of Tickets.

For information or illustrated literature call on or address W. C. McBRIDE, General Agent 124 Third St., Portland, Or.

Oregon Manufacture

"PENDLETON" INDIAN ROBES AND SHAWLS

MAKE EXCELLENT

Couch Covers, Lounge Covers Driving Robes

Bathing Robes, Veranda Wraps Trunk Throws

For Fancy Corners and For the Bed

A Large Assortment of the Above Goods at

C. H. Cooper's

The Leading Dry Goods and Clothing House of

ASTORIA

NEW ZEALAND FIRE INSURANCE COMPANY

Of New Zealand

W. P. THOMAS, Mgr., San Francisco.

UNLIMITED LIABILITY OF SHAREHOLDERS

Has been Underwriting on the Pacific Coast over twenty-two years

ELMORE & CO., Agents, Astoria, Ore.

FOUNDED A. D. 1710

SUN INSURANCE OFFICE

OF LONDON

THE OLDEST PURELY FIRE OFFICE IN THE WORLD.

Cash Assets \$71,500,000

Cash Assets in United States, \$6,600,000

C. A. Henry & Co., General Agents

215 Sansome Street San Francisco, Cal
ELMORE & CO., Agents, Astoria, Or.

B & O

Baltimore & Ohio R. R.

ROYAL BLUE TRAINS

BETWEEN

CHICAGO AND NEW YORK

Via WASHINGTON, D. C.

Finest and Fastest series of trains in the world. Palatia coaches, Pullman Buffet Parlor and Drawing Room Cars.

The Finest Dining Car Service in the World

Is operated by the Baltimore & Ohio Railroad.

B. M. AUSTIN, General Pass. Agt. Chicago, Ill

Steamer SUE H. ELMORE

The Largest, Stanchest, Steadiest, and most seaworthy vessel ever on the route. Best of Table and State Room Accommodations. Will make round-trips every five days between.

Astoria and Tillamook

FARE \$3.50

Connecting at Astoria with the Oregon Railroad & Navigation Co. and the Astoria & Columbia R. R. for Portland, San Francisco and all points East. For freight and passenger rates apply to

Samuel Elmore & Co.

General Agents, Astoria, Or.

or to

A. & C. R. R. Co. Portland, Or.

E. C. LAMB, Tillamook, Or.

O. R. & N. Co. Portland, Or.

Tetswari Japanese Troupe



WITH THE ARNOLD'S SHOWS